

CR-1 · French Toast Bake · 1 each · 24 servings

 Grain: 1

 Meat: 1

 Wheat

 Egg

 Milk

Day before preparation:

Pullman Bread, Whole Grain,
Sliced Loaf, 4" x 4"
24 Slice (26 usable slices per
loaf)

Egg, whole, raw, fresh
12 large

Milk, reduced fat, fluid, 2%
1 qt

Spices, cinnamon, ground
1 Tbsp

Sugars, granulated
1/4 c

Begin the afternoon before service or up
to 24 hours prior.

CCP: Wash hands before food preparation.
Wash and sanitize preparation area.

1. Spray full hotel pan (12" x 20" x 2 1/2")
with non-stick cooking spray. Each hotel
pan will yield 24 servings.

2. In a small bowl, combine **sugar** and
cinnamon. Whisk to combine evenly.

3. In a medium bowl, whisk **eggs**. Yolks
and whites should be completely blended,
then add **milk**. Add cinnamon sugar
mixture to the bowl. Whisk to combine.

4. Add **bread** slices to hotel pan, placing
them stacked 2 slices high and 3 by 4 in
the pan.

5. Pour the egg mixture over the bread.
Cover tightly with a lid or foil and
refrigerate overnight or up to 24 hours.

Day of service:

1. Remove hotel pan from the refrigerator
and allow to temper at room temperature.

2. Preheat oven to 350°F.

3. Bake covered 35-40 minutes, until
golden brown.

CCP: Cook eggs for hot holding to 155°F.

4. Using a serrated bread knife or a chef's
knife, cut each hotel pan diagonally into 48
triangles.

5. Serve 2 triangles per portion.

CCP: No bare-hand contact with ready-to-
eat food.

CCP: Hold hot foods at 135°F or above.

French Toast Bake

Nutrition Facts

Servings Per Container 1

Serving Size 1 each (96.4g)

Amount Per Serving

Calories 125.0

% Daily Value*

Total Fat 3.7 g **5%**

Saturated Fat 1.3 g **6%**

Trans Fat 0.0 g

Cholesterol 96.3 mg **32%**

Sodium 179.7 mg **8%**

Total Carbohydrate 16.5 g **6%**

Dietary Fiber 2.2 g **8%**

Sugars 5.3 g

Includes 3.1 g Added Sugars **6%**

Protein 6.5 g **13%**

Vitamin D 3% • Iron 8%

Calcium 6% • Potassium 3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

French Toast Bake

Serving Size: 1 each

Calories	125.04 kcal
Saturated Fat	1.3 g
Added Sugars	3.09 g
Sodium	179.7 mg
% Calories from Saturated Fat	9.34%
% Calories from Added Sugars	9.88%